

Morning Prayer & Holy Eucharist Rite I
July 16, 2026
The Thursday after The Seventh Sunday After Pentecost

The Opening Sentence, *prayed by the Officiant.*

✙ Thus saith the high and lofty One who inhabiteth eternity, whose name is Holy, “I dwell in the high and holy place, with him also that is of a contrite and humble spirit, to revive the spirit of the humble, and to revive the heart of the contrite ones.” – *Isaiah 57:15*

The Confession of Sin & Absolution

Officiant Let us humbly confess our sins unto Almighty God.

Silence may be kept.

Officiant and People pray together,

Almighty and most merciful Father,
we have erred and strayed from thy ways like lost sheep,
we have followed too much the devices and desires of our own hearts,
we have offended against thy holy laws,
we have left undone those things which we ought to have done,
and we have done those things which we ought not to have done.
But thou, O Lord, have mercy upon us,
spare thou those who confess their faults,
restore thou those who are penitent,
according to thy promises declared unto mankind
in Christ Jesus our Lord;
and grant, O most merciful Father, for his sake,
that we may hereafter live a godly, righteous, and sober life,
to the glory of thy holy Name. Amen.

The Almighty and merciful Lord ✙ grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. **Amen.**

The Invitatory and Psalter

Officiant O Lord, open thou our lips.

People And our mouth shall show forth thy praise.

Glory to the Father, and to the Son, and to the Holy Spirit: *

As it was in the beginning, is now, and will be forever. Amen.

Officiant Worship the Lord in the beauty of holiness: O come, let us adore him.

The Venite, *prayed by all.*

O come, let us sing unto the Lord; *
let us heartily rejoice in the strength of our salvation.
Let us come before his presence with thanksgiving *
and show ourselves glad in him with psalms.
For the Lord is a great God, *
and a great King above all gods.
In his hand are all the corners of the earth, *
and the strength of the hills is his also.
The sea is his, and he made it, *
and his hands prepared the dry land.
O come, let us worship and fall down, *
and kneel before the Lord our Maker.
For he is the Lord our God, *
and we are the people of his pasture and the sheep of his hand.
O worship the Lord in the beauty of holiness; *
let the whole earth stand in awe of him.
For he cometh, for he cometh to judge the earth, *
and with righteousness to judge the world and the peoples with his truth.

The Psalm Appointed: Psalm 37:1-7, *prayed by all.*

Fret not thyself because of the ungodly *
neither be thou envious against the evil doers.
For they shall soon be cut down like the grass *
and be withered even as the green herb.
Put thou thy trust in the Lord, and be doing good *
dwell in the land, and verily thou shalt be fed.
Delight thou in the Lord *
and he shall give thee thy heart's desire.
Commit thy way unto the Lord, and put thy trust in him *
and he shall bring it to pass.
He shall make thy righteousness as clear as the light *
and thy just dealing as the noon-day.
Hold thee still in the Lord, and abide patiently upon him *
but grieve not thyself at him, whose way doth prosper, against the man that doeth after evil
counsels.

Glory to the Father, and to the Son, and to the Holy Spirit: *
As it was in the beginning, is now, and will be forever. Amen.

A Reading from the Book of Joshua.

When the people set out from their tents to cross over the Jordan, the priests bearing the ark of the covenant were in front of the people. Now the Jordan overflows all its banks throughout the time of harvest. So when those who bore the ark had come to the Jordan, and the feet of the priests bearing the ark were dipped in the edge of the water, the waters flowing from above stood still, rising up in a single heap far off at Adam, the city that is beside Zarethan, while those flowing toward the sea of the Arabah, the Dead Sea, were wholly cut off. Then the people crossed over opposite Jericho. While all Israel were crossing over on dry ground, the priests who bore the ark of the covenant of the LORD stood on dry ground in the middle of the Jordan, until the entire nation finished crossing over the Jordan. When the entire nation had finished crossing over the Jordan, the LORD said to Joshua: "Select twelve men from the people, one from each tribe, and command them, 'Take twelve stones from here out of the middle of the Jordan, from the place where the priests' feet stood, carry them over with you, and lay them down in the place where you camp tonight.'" Then Joshua summoned the twelve men from the Israelites, whom he had appointed, one from each tribe. Joshua said to them, "Pass on before the ark of the LORD your God into the middle of the Jordan, and each of you take up a stone on his shoulder, one for each of the tribes of the Israelites, so that this may be a sign among you. When your children ask in time to come, 'What do those stones mean to you?' then you shall tell them that the waters of the Jordan were cut off in front of the ark of the covenant of the LORD. When it crossed over the Jordan, the waters of the Jordan were cut off. So, these stones shall be to the Israelites a memorial forever."

The Word of the Lord.
Thanks be to God.

Canticle 2. A Song of Praise, *prayed by all.*

Blessed art thou, O Lord God of our fathers; *
praised and exalted above all for ever.
Blessed art thou for the Name of thy Majesty; *
praised and exalted above all for ever.
Blessed art thou in the temple of thy holiness; *
praised and exalted above all for ever.
Blessed art thou that beholdest the depths,
and dwellest between the Cherubim; *
praised and exalted above all for ever.
Blessed art thou on the glorious throne of thy kingdom; *
praised and exalted above all for ever.
Blessed art thou in the firmament of heaven; *
praised and exalted above all for ever.
Blessed art thou, O Father, Son, and Holy Spirit; *
praised and exalted above all for ever.

A Reading from the Gospel of Matthew.

When Jesus had finished saying all these things, he said to his disciples, "You know that after two days the Passover is coming, and the Son of Man will be handed over to be crucified." Then the chief priests and the elders of the people gathered in the palace of the high priest, who was called Caiaphas, and they conspired to arrest Jesus by stealth and kill him. But they said, "Not during the festival, or there may be a riot among the people." Now while Jesus was at Bethany in the house of Simon the leper, a woman came to him with an alabaster jar of very costly ointment, and she poured it on his head as he sat at the table. But when the disciples saw it, they were angry and said, "Why this waste? For this ointment could have been sold for a large sum, and the money given to the poor." But Jesus, aware of this, said to them, "Why do you trouble the woman? She has performed a good service for me. For you always have the poor with you, but you will not always have me. By pouring this ointment on my body she has prepared me for burial. Truly I tell you, wherever this good news is proclaimed in the whole world, what she has done will be told in remembrance of her." Then one of the twelve, who was called Judas Iscariot, went to the chief priests and said, "What will you give me if I betray him to you?" They paid him thirty pieces of silver. And from that moment he began to look for an opportunity to betray him."

The Word of the Lord.

Thanks be to God.

Canticle 5. The Song of Simeon, *prayed by all.*

Lord, now lettest thou thy servant depart in peace, *
according to thy word;

For mine eyes have seen thy salvation, *
which thou hast prepared before the face of all people,
To be a light to lighten the Gentiles, *
and to be the glory of thy people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: *
As it was in the beginning, is now, and will be forever. Amen.

The Apostles' Creed, *prayed by all.*

I believe in God, the Father almighty,
maker of heaven and earth;
And in Jesus Christ his only Son our Lord;
who was conceived by the Holy Ghost,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried.
He descended into hell.
The third day he rose again from the dead.

He ascended into heaven,
and sitteth on the right hand of God the Father almighty.
From thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
✠ the resurrection of the body,
and the life everlasting. Amen.

The Prayers

Officiant The Lord be with you.
People **And with thy spirit.**
Officiant Let us pray.

The Suffrages

V. O Lord, save thy people and bless thine heritage;
R. **Govern them and lift them up for ever.**
V. Day by day we magnify thee;
R. **And we worship thy name ever, world without end.**
V. Vouchsafe, O Lord, to keep us this day without sin;
R. **O Lord, have mercy upon us, have mercy upon us.**
V. O Lord, let thy mercy be upon us;
R. **As our trust is in thee.**
V. O Lord, in thee have I trusted;
R. **Let me never be confounded.**

The Collects, *prayed by the Officiant.*

The Collect of the Day

O Lord, we beseech thee mercifully to receive the prayers of thy people who call upon thee, and grant that they may both perceive and know what things they ought to do, and also may have grace and power faithfully to fulfill the same; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

A Collect for Guidance

O heavenly Father, in whom we live and move and have our being: We humbly pray thee so to guide and govern us by thy Holy Spirit, that in all the cares and occupations of our life we may not forget thee, but may remember that we are ever walking in thy sight; through Jesus Christ our Lord. **Amen.**

A Prayer for Mission

Lord Jesus Christ, who didst stretch out thine arms of love on the hard wood of the cross that everyone might come within the reach of thy saving embrace: So clothe us in thy Spirit that we, reaching forth our hands in love, may bring those who do not know thee to the knowledge and love of thee; for the honor of thy Name. **Amen.**

The Intercessions

The General Thanksgiving, *prayed by all.*

Almighty God, Father of all mercies,
we thine unworthy servants
do give thee most humble and hearty thanks
for all thy goodness and loving-kindness
to us and to all men.
We bless thee for our creation, preservation,
and all the blessings of this life;
but above all for thine inestimable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we beseech thee,
give us that due sense of all thy mercies,
that our hearts may be unfeignedly thankful;
and that we show forth thy praise,
not only with our lips, but in our lives,
by giving up our selves to thy service,
and by walking before thee
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with thee and the Holy Ghost,
be all honor and glory, world without end. **Amen.**

The Homily

A Prayer of St. Chrysostom, *prayed by the Officiant.*

Almighty God, who hast given us grace at this time with one accord to make our common supplication unto thee; and hast promised through thy well-beloved Son that when two or three are gathered together in his Name thou wilt be in the midst of them: Fulfill now, O Lord, the desires and petitions of thy servants as may be best for us; granting us in this world knowledge of thy truth, and in the world to come life everlasting. **Amen.**

Let us walk in love as Christ loved us, and gave himself for us, an offering and sacrifice to God.

The Holy Eucharist

Eucharistic Prayer II

Celebrant The Lord be with you.
People **And with thy spirit.**
Celebrant Lift up your hearts.
People **We lift them up unto the Lord.**
Celebrant Let us give thanks to the Lord our God.
People **It is meet and right so to do.**

The Celebrant continues,

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

The Celebrant and People pray together,

Holy, holy, holy, Lord God of Hosts: Heaven and earth are full of thy Glory. Glory be to thee, O Lord Most High. ✠ Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

The Celebrant continues,

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory. And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and  be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom, and the power, and the glory,

for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Christ our Passover is sacrificed for us;

People Therefore let us keep the feast.

All pray together,

O Lamb of God, that takest away the sins of the world, have mercy upon us. O Lamb of God, that takest away the sins of the world, have mercy upon us. O Lamb of God, that takest away the sins of the world, grant us thy peace.

The Prayer of Humble Access, *prayed by all.*

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Invitation to Communion

Celebrant The gifts of God for the people of God. Take them in remembrance that Christ died for you, and feed on him, in your hearts, by faith, with thanksgiving.

The Holy Communion

A Prayer for Spiritual Communion *(for those joining via the live-stream.)*

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.

The Post-Communion Prayer, *prayed by all.*

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Blessing & Dismissal

Celebrant The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son, our Savior, Jesus Christ; and the ✝ blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

Celebrant Go in peace to love and serve the Lord.

People **Thanks be to God.**